The Big “C”: Caregiving and Cancer
August 18th, 12:00pm - 1:00pm, Online Webinar

ABOUT THIS EVENT
When a loved one has cancer you not only face an array of intense emotions, but also the responsibilities that come with being a caregiver. Juggling the care of someone with cancer can have a great impact on a caregiver physically, psychologically, socially and financially. Life can quickly become overwhelming. Caregivers frequently put others’ needs before their own to meet the demands of each day. Unfortunately, when caregivers are less able to care for themselves the care they provide to others may suffer. Taking the time to meet your own needs is crucial when caring for a loved one with cancer, but where do you start?

• Stages of caring for someone with cancer from diagnosis to palliative care
• Coping with the issues caregivers face
• Setting realistic expectations and helping you find ways to care for yourself

ABOUT THE SPEAKER
Jennifer Gibbons
MSW, LICSW

Extremely passionate about working with families and individuals, Jennifer guides and assists family caregivers in finding resources and support for themselves and their loved ones. Jennifer is a licensed independent clinical social worker who graduated with a Bachelor of Science in Psychology, Sociology, and Anthropology from Drexel University and obtained her Master of Social Work from Yeshiva University’s Wurzweiler School of Social Work.

Register today online at: http://tinyurl.com/aug18cancer